



Health Worker Text Messages

- 1 RHITES-E and the DHO's office thanks you for helping your community. We'll send you SMS to support your valuable work to increase child spacing awareness!
 - 2 Did you speak with any men about child spacing today? Many men report wanting to learn more about child spacing methods and you can help!
 - 3 You may not be sure if a woman wants to talk about child spacing, but she's often waiting for you to bring it up. Ask her if she's ready for another child now.
 - 4 Your hard work in providing family planning has kept your community healthy. Great job and keep it up!
 - 5 Have you received any Planning Cards this week from a community member? Remember to fill them out and keep them safe in the file!
 - 6 Men are curious about child spacing even if they don't ask questions. Bring it up to the next man you attend to by asking him when he wants his next child.
 - 7 Even young, healthy mothers must rest their bodies after childbirth. Reassure her that there are child spacing options for her too!
 - 8 Remind couples of the benefits of child spacing- it helps current children & mothers grow strong, and it helps reduce the costs of caring for children!
 - 9 You have answers about child spacing! Encourage women to bring their partners so that they both learn from you.
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